



Awaken Your
Senses

Massages

HOT RIVER ROCK MASSAGE

A fusion of massage techniques involving the use of smooth river rocks. The warm stones help penetrate deep into muscle tissue relieving tension and inducing relaxation.

80 MIN. \$220 Friday - Sunday & Holidays \$240

WORKOUT WARRIOR CBD MASSAGE

Premium CBD topicals are used to maximize the relief you experience from massage. Topicals are designed to soothe sore muscles, reduce inflammation, and promote recovery in the body.

50 MIN. \$175 Friday - Sunday & Holidays \$195

80 MIN. \$225 Friday - Sunday & Holidays \$245

ARNICA SPORTS MASSAGE

This treatment includes various massage, stretching, and range of motion techniques to relieve tired muscles, increase flexibility and mobility. This sports massage is good for any level of athlete, whether you are training for a golf tournament, marathon or just staying in shape.

50 MIN. \$165 Friday - Sunday & Holidays \$185

80 MIN. \$215 Friday - Sunday & Holidays \$235

NIRVANA STRESS RELIEF MASSAGE

This deeply revitalizing treatment uses aromatherapy and targeted deep tissue massage to unwind the body, re-boot the mind and transform stress into balance.

50 MIN. \$155 Friday - Sunday & Holidays \$175

80 MIN. \$210 Friday - Sunday & Holidays \$230

GOODNESS GREENS MASSAGE

This superpower antioxidant treatment is a blend of our best greens! Invigorate the skin with citrus oil blended with cilantro and lime. Heal tired feet with avocado butter puree mask.

50 MIN. \$155 Friday - Sunday & Holidays \$175

80 MIN. \$210 Friday - Sunday & Holidays \$230

BLUSHING HONEY MASSAGE

Delve into pure organic relaxation and be released from tension as you are massaged deeply with a nourishing oil, made with certified organic sunflower seed oil and scented with notes of cherry and coconut milk. Feet and Hands enjoy an added bonus as they are painted in a golden honey glaze serum and then cocooned in a steaming towel wrap for ultimate hydration.

50 MIN. \$155 Friday - Sunday & Holidays \$175

80 MIN. \$210 Friday - Sunday & Holidays \$230

PRENATAL

Designed to relax and rejuvenate expectant mothers, this service requires that you are past your first trimester. Relieve stress, strains, and an aching back with this all-over body treatment.

50 MIN. \$135 Friday - Sunday & Holidays \$155

HEAVENLY SPA SIGNATURE MASSAGE

A heated compress invites back muscles to relax before massage oils are massaged into the body. Light to Medium pressure customized to fit your individual needs. Relaxation comes from the harmonious balance of scent & touch.

50 MIN. \$135 Friday - Sunday & Holidays \$155

80 MIN. \$190 Friday - Sunday & Holidays \$210

HEAVENLY HEAD HANDS & FEET

Unwind with this massage, targeting head, hands and feet designed to awaken all senses. Indulge with target massage on hands, and feet with MOROCCANOIL scalp massage.

25 MIN. \$85 Friday - Sunday & Holidays \$105

50 MIN. \$135 Saturday & Holidays \$155

Upgrades:

Combination pressure \$10

Deep Tissue pressure \$15

Couples Room \$30 for (2) schedule services

must pick couples option at point of booking

****COUPLES CANNOT BE DONE WITH HOT RIVER ROCK MASSAGE, OR ARNICA SPORT MASSAGE******

Facial Treatments

PLATINUM HYDRAFACIAL®

An invigorating treatment that includes all of the essentials of the Signature HydraFacial® while addressing your specific skin concern with a Booster of your choice. This treatment concludes with LED Light Therapy to further reduce the visible signs of aging, and lymphatic drainage.

80 MIN. \$315 Friday - Sunday & Holiday \$335

DELUXE HYDRAFACIAL®

HydraFacial® uses a unique, patented Vortex-Fusion delivery system to exfoliate, extract and hydrate skin, and, the spiral design delivers painless extractions and deep penetration of product. Our professional team will customize your facial based on your skin needs.

50 MIN. \$250 Friday - Sunday & Holidays \$270

LUXURY AGE DEFYING FACIAL

This anti-aging SkinCeuticals® treatment will revitalize and repair dull, tired skin, while restoring luminosity, hydration and elasticity giving your skin an instant youthful glow.

50 MIN. \$170 Friday - Sunday & Holidays \$190

80 MIN. \$225 Friday - Sunday & Holidays \$245

MARINE FLOWER PEPTIDE FACIAL Powerful Eminence Botanical Peptides will leave your skin youthful and flawless. This facial uses Marine Flower technology to minimize fine lines and wrinkles.

50 MIN. \$170 Friday - Sunday & Holidays \$190

80 MIN. \$225 Friday - Sunday & Holidays \$245

Add an Arctic Berry Peel for \$20

BRIGHTENING FACIAL

This enhanced brightening facial SkinCeuticals® treatment refines and restores skin radiance and clarity, targeting uneven skin tone, texture and discoloration.

50 MIN. \$170 Friday - Sunday & Holidays \$190

80 MIN. \$225 Friday - Sunday & Holidays \$245

CLEAR SKIN FACIAL

This detoxifying SkinCeuticals® treatment purges skin of impurities and re-balances congested skin, resulting in a clear glowing complexion.

50 MIN. \$170 Friday - Sunday & Holidays \$190

80 MIN. \$225 Friday - Sunday & Holidays \$245

CLASSIC FACIAL

This facial is uniquely customized to fit all of your needs. It includes cleansing, micro polish scrub exfoliation, massage and extractions.

50 MIN. \$150 Friday - Sunday & Holidays \$170

80 MIN. \$205 Friday - Sunday & Holidays \$225

STONE CROP FACIAL

No matter your physical environment, treat your senses and your skin to a natural wellness retreat, guaranteed to elevate your skin care routine. Experience the restorative and hydrating powers of stone crop designed to leave a lasting glow.

50 MIN. \$160 Friday - Sunday & Holidays \$180

80 MIN. \$215 Friday - Sunday & Holidays \$235

FOUNTAIN OF YOUTH VITAMIN C FACIAL Turn back the clock with this facial focusing in on those fine lines and wrinkles. Nourish your skin with citrus, blueberry, and marine organic ingredients, sure to brighten and smooth.

50 MIN. \$160 Friday - Sunday & Holidays \$180

80 MIN. \$215 Friday - Sunday & Holidays \$235

Body Treatments

DELUXE STONE CROP TREATMENT

Perfect for hydrating the body, this anti-inflammatory treatment begins with an exfoliation using stone crop scrub, and continues with the applications of a restorative wrap and ends with a massage leaving your body relaxed and hydrated.

110 MIN. \$270 Friday - Sunday & Holidays \$290

FOUNTAIN OF YOUTH WRAP

Bring back that baby fresh skin with this hydrating body wrap. Formulated with organic juicy wholefood ingredients to brighten, nourish, and protect your skin.

80 MIN. \$215 Friday-Sunday & Holidays \$235

GEORGIA PEACH SWEET TEA SCRUB

This delicious ginger and peach sweet tea sugar scrub will bring southern charm to your skin. Thoroughly exfoliate in a whipped shea sugar scrub – revealing new skin beneath and leaving you soft & silky. A richly hydrating shea butter massage will leave you refreshingly relaxed and softened from head to toe.

50 MIN. \$145 Friday - Sunday & Holidays \$165

80 MIN. \$205 Friday - Sunday & Holidays \$225

DAUFUSKIE ISLAND BEACH SCRUB

Take a trip to the islands with this creamy exfoliating sugar coconut scrub. Skin is polished to radiance without feeling tight, dry, or stripped of natural oils. The light pineapple-coconut scent will keep your island vibe all day!

50 MIN. \$145 Friday-Sunday & Holidays \$165

80 MIN. \$205 Friday-Sunday & Holidays \$225

Vichy Shower add on to any body treatment (must be booked in advance) +\$30

Spa Express

MOROCCANOIL SCALP TREATMENT

Indulge in a MOROCCANOIL scalp massage, designed to restore scalp health, strength, and shine to hair.

25 MIN. \$85

Friday - Sunday & Holidays \$105

RELAX BATH CURE

This restful, calming bath eases nervous tension and stress-related symptoms. Nourishing oils and aromatic scents.

20 MIN. \$85

Friday - Sunday & Holidays \$105

MUSCLE & JOINT BATH CURE

Ease sore muscle with arnica infused bath salts.

20 MIN. \$85

Friday - Sunday & Holidays \$105

REFLEXOLOGY

Based upon the theories of therapeutic Chinese medicine, your therapist focuses on pressure points of the feet that correspond to specific areas of the body. This service increases relaxation, circulation and internal healing.

25 MIN. \$85 Friday - Sunday & Holidays \$105

HEAD, NECK, SHOULDER MASSAGE

Relax with this therapeutic massage.

25 MIN. \$85 Friday - Sunday & Holidays \$105

EXPRESS MANICURE/PEDICURE

Feel great and look the part with this 30-minute treatment. Designed to buff and polish in style.

Manicure \$40 / Pedicure \$50

Heavenly Nails

EARTH, SUN & WATERS MANICURE/ PEDICURE

Relax and unwind with a mineral sea salt bath blended with infused oils. A calming and anti-irritant enriched peat moss mask soothes and purifies leaving skin dewy and fresh. After layers of earthy goodness, a creamy vitamin E enriched Sunflower Honey Serum is massaged in to repair and protect.

Manicure \$85 / Pedicure \$100

SAVANNAH RIVER DANCE MANICURE/ PEDICURE

Dip into a rosemary and mint soak designed with antipruritic properties ready to soothe dry and itchy skin. Once relaxed, a fine grain sea salt scrub with raw honey and lavender erases away all rough and dead spots. Finally, a rhythmic vitamin massage with healing agave oil.

Manicure \$65 / Pedicure \$80

SILK NAILS MANICURE

Silk nails are the natural solutions to create length and strengthen. If your nails are brittle and weak, silk nail wraps can be the answer without inflicting damage. Silk nail wraps leaves nails feeling and looking red carpet ready.

60 MIN. \$90

CBD MANICURE/PEDICURE

Our expert nail technicians will aid in treating chronic pain and inflammation using the most innovative plant therapy of organic hemp. Reset with our hemp mask, scrub and hemp oil.

Manicure \$75 / Pedicure \$90

ENHANCEMENTS

Take Home Polish \$5

French Upgrade \$12

Heavenly Hands or Feet \$25 each Shellac \$15, \$20 for feet

Dazzle Dry \$5

Shellac Removal \$10

Honey Heel Glaze \$10

Nail Repair \$7

Wellness

PERSONAL TRAINING

Work one-on-one with a certified trainer to maximize your workout.

30 MIN. \$85 | 60 MIN. \$150

GROUP FITNESS CLASSES

Designed for up to 12 people, a personal trainer can customize your fitness experience based on your individual needs. Call the Heavenly Spa for all available classes.

60 MIN. \$200

WEEKEND SOUND HEALING

Let the vibrations of the sounds help your body to regain health and a sense of "being in tune." This journey will be tailored to the client's specific health needs. Each session will include an energy assessment and personalized treatment to address client needs. The initial session will include consultation. Please wear comfortable clothing for this relaxing session.

30 MIN. \$85 / 60 MIN. \$150 (1-2 people)

PRIVATE YOGA

Our yoga instructor will help realign your equilibrium and reawaken self-awareness with stretches and poses to bring you to a place of balance and harmony.

60 MIN. \$150 (single person)

FITNESS ASSESSMENT

Fitness assessments can be scheduled one on one with our personal trainer. Contact the spa for available times.

30 MIN. \$85

WEEKEND ANS BALANCING

Weighted tuning forks will be used to treat the vagus nerve that controls the autonomic nervous system. Additional instruments will be used to support the treatment. Balancing the sympathetic and parasympathetic nervous systems may address many health issues such as headaches, insomnia, and other concerns. Clients should have at least one Personalized Sound Bath prior to this service. Please wear comfortable clothing for this session.

60 MIN. \$175 (1-2 people)

Shop the Spa

Eminence Skinceuticals Aloha Farm House Fresh Togospa	Dermaflash Nuface Votivo Candles Rad Roller Yoga Balm	Spongelle Hypervolt Coola Patchology Westin White Tea & Aloe	MOROCCANOIL European Spa Source Kneipp By lilla
-------------------------------------------------------------------	-------------------------------------------------------------------	--------------------------------------------------------------------------	----------------------------------------------------------

Packages

ULTIMATE WELLNESS RETREAT
Choice of 60 MIN. private fitness class or sound healing
20 MIN. Relax Bath Cure
50 MIN. Nirvana Stress Massage
Earth, Sun & Waters Pedicure
50 MIN. Ultimate Custom Facial

280 MIN. \$545 Friday - Sunday & Holidays \$585

SWEET SAVANNAH
50 MIN. Georgia Peach Sweet Tea Scrub
50 MIN. Blushing Honey Massage
Savannah River Dance Manicure & Pedicure

200 MIN. \$455 Friday - Sunday & Holidays \$495

STONE CROP SPA EXPERIENCE
110 MIN. Deluxe Stone Crop Treatment
50 MIN. Stone Crop Facial

280 MIN. \$420 Friday - Sunday & Holidays \$460

FOUNTAIN OF YOUTH
80 MIN. Fountain of Youth Wrap
50 MIN. Fountain of Youth Vitamin C Facial

280 MIN. \$420 Friday - Sunday & Holidays \$460

SIMPLY IN LOVE
50 MIN. Couples Massage
50 MIN. Classic Facial

130 MIN. \$343 per person
Friday - Sunday & Holidays \$383 per person

COUPLES SUITE
80 MIN. Couples Massage
Couple Relaxation Bath

100 MIN. \$248 per person
Friday - Sunday & Holidays \$253 per person

**THE WESTIN RESORT & SPA
PROPERTY SAVANNAH
HEAVENLY SPA BY WESTIN**

2 Resort Drive
Savannah, GA 31421

+1 912.201.2250
westinsavannahspa.com